



**Blood Sugar PROBLEMS are
everyone's PROBLEM
Men, Women, and Children**

**Unbalanced blood sugar levels can lead to
serious health problems.**

**Your body needs blood sugar like gas in a car, it's
the fuel that makes it go. Without blood sugar your
body could not function. It is estimated that *16
million* Americans have high blood sugar levels and
don't know it — including *tens of thousands of
children and teens.***

**Blood Sugar Levels that spike after meals can
cause these problems:**

- *Sluggish Feeling for Hours after a meal.*
- *Tired during the day time.*
- *Irritable or desiring rest after meals*

Symptoms of those with low blood sugar are:

- *Feeling Anxious or Impatient.*
- *Feeling Shaky or Jittery.*
- *Feeling hungry between meals.*
- *Urges to snack between meals.*

**Detecting blood sugar levels before they become
serious health problems... Read on**

THE ROLE YOUR BLOOD SUGAR PLAYS IN NEARLY EVERY SERIOUS DISEASE.

Diabetes of course, is the best known disease caused by high blood sugar.

High blood sugar can also affect your eyes, your nerves, your heart, your brain, and your kidneys. It raises your bad cholesterol and triglycerides. It triggers inflammation, which in turn can lead to heart disease and possibly cancer.

High Blood Sugar can cause insulin resistance. The main job of insulin is to regulate blood sugar. If your blood sugar rises too high, you are at risk for **dehydration, coma**, and — in extreme cases — **EVEN DEATH**. If your blood sugar drops to low, your brain is denied its primary nutrient and, once again you face **coma** and **death**.

High levels of circulating blood sugar and insulin can damage virtually every cell and organ in the body and can lead to serious health problems like **Type 2 Diabetes, Heart Disease, Stroke, High Blood Pressure, and Cancer**

To All Cancer Patients

High blood sugar levels can fuel the growth and spread of tumors. A combination of high blood sugar and insulin stimulates the growth of prostate, colon, lung, pancreatic, and breast cancer.

HIGH OR LOW BLOOD SUGAR LEVELS CAN BE CAUSED BY THE FOODS WE EAT

People can develop either a sensitivity or have an intolerance to certain foods. This can create high or low blood sugar levels in their system.

When this happens, our immune system treats food intolerances as a foreign substance, as it would attack viruses or bacteria.

When this occurs, it creates Free Radicals and Inflammation

Constant uncontrollable Free Radicals and Chronic Inflammation, can alter and destroy DNA of the cells. Chronic Inflammation if left unchecked can lead to Diabetes, Heart Disease, Cancer, and Premature Aging.

Aging effects of Sugar

When you have constant spikes in the blood sugar, the aging effect can make you old before your time.

When excess blood sugar reacts with the proteins in your blood, AGE's are created.

"Advanced Glycation End Products"

AGE's can cause the following:

- Your skin to lose its flexibility, sag, simply look old.**
- Increased "Free Radical Oxidation" in your heart, blood vessels, eyes, liver, everywhere.**
- Accelerated Aging**

NOW AVAILABLE

A Do-It Yourself Blood Sugar Monitoring Kit that will give you a Blood Sugar Reading Instantly.

Included is a daily blood sugar and meal eating log for breakfast, lunch, and dinner to monitor your results



What Are Your Numbers? Understanding Blood Sugar Levels

LOW:	NORMAL:	ELEVATED:
Less than 70 at any time	Levels of 70-100	Levels That Exceed 100

Your Environment's solution is a simple, and Drug- Free approach designed to bring your blood sugar to a healthy level

The benefits are enormous, ranging from improved energy, better moods, and shrinking waste line. Your heart, brain, eyes, and every other cell in your body are healthiest when your blood sugar is balanced.

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